

virtualhomefitness.com

virtualhomefitness@juno.com, 561 676-6179

Acupuncture: Aaron Travis, 312-6798; Courtney Salamone, 278-6588

Ayurvedic: Michael Dick, 352-301-3183

Blood testing: Dr. Mark Rosenberg, 272-1956

Bamboo Massage: Marc D. Thompson, 676-6179, Eva Spencer, 283-6391, Elizabeth Johnston, 305-7253

Brain Gym/Neurology: Marc D. Thompson, 676-6179; Dr Mark Brody, 374-8461

Chiropractic: Tanya Hlinka, 278-8382; Peter Vapnek, 274-0395

Cycling/Spin: Marc D. Thompson, 676-6179, Bicycle World, 391-0800; Racers Edge, 416-9433; Boynton Bicycle, 738-7798

Clubs: Boca Raton Bicycle, 391-6109, Boca Raton Road Runners, 361-1950; Coast Triathletes, www.goldcoasttriathletes.com

Fitness/Body Building Competition: Marc D. Thompson, 676-6179

Fitness Equipment: Scott Vanecek 572-2066; Power Systems, www.power-systems.com; Perform Better, www.performbetter.com

Massage/Myofascial Release: Marc D. Thompson, 676-6179; Eva Spencer, 283-6391; Christina Lichterman, 929-9802;

Nutrition: Marc D. Thompson, 676-1679; Jamie Hollingsworth, 272-8033

Orthopedic: Robert Zann; Ed Handle; David Burkholder; Enrique Palmer

Physical Therapy: Marc D Thompson, 676-6179, Tim Mertz, 954-234-7297; Steve Bregler, 998-0077; Sandy Burkart, 997-5210; Palm Beach Institute, 997-0370; Orthopedic Sports Med, 954-522-3355

Reiki: Tory Thompson

Podiatry/footware: Dr Marc Klein, 447-7571, Dr. Leiber 495-0005; Runners Edge, 361-1100

Psychotherapy: Dr. Annette Annechild, 202-285-2035

Pulmonology: Dr. William Ludwig, 967-4118

Reflexology: Laura Norman, 212-532-4404

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Rolfing: Aaron Applebaum, 367-9009; George Gonzalez, 302-0022; Keith Parmentor, 368-9400; Ari Globerman, 346-2225

Running/Competition: Marc D Thompson, 676-6179

Sports: Marc D. Thompson, 676-6179

Yoga: Marc D. Thompson, 676-6179; Eva Spencer, 283-6391; Carole Diamond, 441-3467